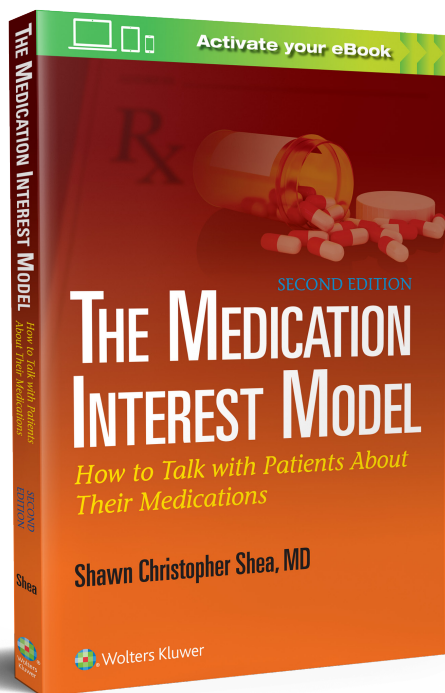


The Medication Interest Model

How to Talk With Patients About Their Medications, 2nd Edition

Shawn Christopher Shea, MD



“...destined to fill a giant void in the training of all medical and nursing students, as well as becoming a classic read for experienced clinicians in search of the art of medicine. My advice is simple — read it.”

**—C. Everett Koop, MD, ScD
Former Surgeon General of the United States (1981-1989)
from the Foreword to the First Edition**

Effectively building the therapeutic alliance and utilizing shared decision making are two of the most vital skills to acquire for any medical, nursing, physician assistant, or clinical pharmacy student. And there is no more important task for their application than enhancing medication adherence.

Penned by one of the most respected innovators in clinical interviewing, this pioneering book is the first text to not only emphasize the importance of using shared decision making when talking with patients about their medications but shows the student exactly how to do it in the real world of hectic clinics and hospital units.

Features

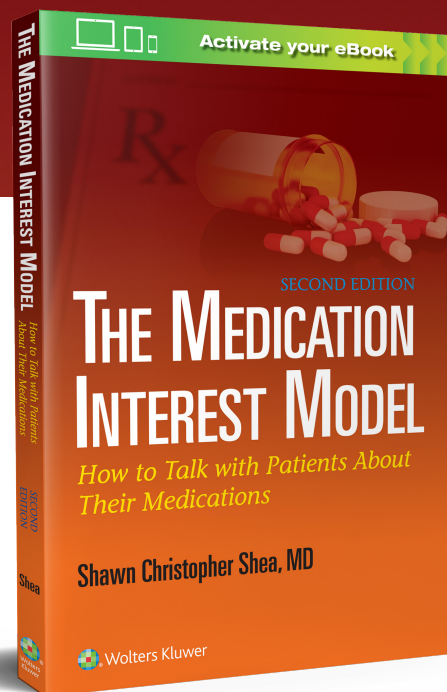
- This highly acclaimed, Doody's Core title has been **thoroughly updated and expanded** for the 2nd Edition
- The Medication Interest Model (MIM), its motivational theory (the Choice Triad), and its **over 100 easily learned and practical interviewing tips** are described in a fast-paced, highly enjoyable writing style.
- The exact phrasing of each interviewing technique is provided **with clear examples and compelling illustrative interview dialogue**.
- An ideal introduction for medical, nursing, physician assistant, and clinical pharmacy students **on how to effectively create the therapeutic alliance** while enhancing medication adherence.
- The interviewing techniques are equally **useful for medications for all disease states – from hypertension, diabetes, hyperlipidemia, and congestive heart failure to cancer and AIDS**.
- Specially designed user-friendly Tip Archive, **with the exact wording of all 100 of the tips has been added to the complimentary, easily accessed eBook** for quick reference by medical students during clinical rotations.

To learn more, visit know.lww.com/shea

The Medication Interest Model

How to Talk With Patients About Their Medications, 2nd Edition

Shawn Christopher Shea, MD



At long last, the perfect companion book to *Bate's Guide to Physical Examination and History Taking!*

TABLE OF CONTENTS

Part I: When Patients Don't Take Medications: Core Principles

- Chapter 1. "Nonadherence": The Extent of the Problem
- Chapter 2. The Medication Interest Model: What Is It?
- Chapter 3. The Crux of the Problem: The Nature of Medication Nonadherence
- Chapter 4. Is It Really "Noncompliance"?
- Chapter 5. The Choice Triad: How Do Patients Choose to Take a Medication?

Part II: Interviewing Techniques and Strategies: The Real World of Clinical Application

- Chapter 6. The First Script
- Chapter 7. First Step of the Choice Triad: Is There Something Really Wrong?
- Chapter 8. Second Step of the Choice Triad: Can a Medication Help Me?
- Chapter 9. Third Step of the Choice Triad: Do the Pros Outweigh the Cons?
- Chapter 10. Choice Triad Redux: Caring for the Patient

Part III: Specialized Topics and Advanced Techniques for Enhancing Medication Interest

- Chapter 11. Starting, Switching, and Adding Medications: Finding Collaborative Solutions
- Chapter 12. Why Patients Hide the Truth About Their Medication Practice and How to Help Them Share It
- Chapter 13. Pills and People: Assessing Cultural Beliefs About Medications
- Chapter 14. Medication Interest: The Impact of Family, Friends, and the Digital World

Appendices

- Appendix A. Tip Archive
- Appendix B. The Next Step: A Concise Guide to Enhancing Medication Follow-through
- Appendix C. Reprinted Article: Shea, S.C. The "Medication Interest Model," an Integrative Clinical Interviewing Approach for Improving Medication Adherence - Part 2: Implications for Training and Research. *Professional Case Management* 2009; 14(1); 6-15.

To learn more, visit know.lww.com/shear