



Brodart Library Gem!
Bowker's "Title to Watch"!
Philosophy Book of the Month!
(at the Radical Academy)

"Destined to inspire an entire generation with the excitement and happiness to be found in the nurturance of compassion and the quest for meaning."

Paul Farmer, M.D., Ph.D.
Author of "The Uses of Haiti"
Founder of "Partners in Health"

Critical Acclaim for "Happiness Is." by Shawn Christopher Shea, M.D.

"... a masterful use of storytelling to create philosophical intrigue."

Book Pleasures (www.bookpleasures.com) 2005

"A great experiment about what makes a person happy . . . My kind of book."

"Editor's Notes" by Rick Broussard, New Hampshire Magazine

"... a valuable contribution to practical philosophy and applied psychology. I have reviewed a lot of books over the past few years but this one has got to be in the top of my 'A-list'."

The Radical Academy (www.RadicalAcademy.com) 2005

"offers real wisdom . . . 'Happiness Is.' will be dog-eared in many places by the time the reader puts it down."

The Foster's Daily Democrat, Dover, NH (www.fosters.com)

"Drawing on the sages of history (such as philosopher and spiritual teacher Alan Watts and medieval mystic Julian of Norwich) . . . I can't recommend this book enough."

Center for Peace (www.centerforpeace.com) 2005

"His writing is like John Grisham - - pick him up and you can't put him down."

Thomas Jefferson Unitarian Church Newsletter, October 2005

*"Following in the groundbreaking footsteps of M. Scott Peck's *The Road Less Traveled*, . . . I found it very compelling."*

*Jack Canfield, Author of *The Success Principles**

Sample Chapter at www.sheahappinessis.com