

Full-Day Set #4

Traps, Roadblocks, Strategies, and Solutions: Cutting Edge Techniques for the Initial Interview

Presenter: Shawn Christopher Shea, M.D.

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Intended Audience: Appropriate for psychiatrists, counselors, psychologists, social workers, psychiatric nurses, case managers, substance abuse counselors, and all mental health trainees

Description

This workshop provides a state-of-the-art framework for rapidly and sensitively performing an initial assessment, including a thorough DSM-IV-TR differential diagnosis, in sixty minutes. Participants will learn to utilize specific techniques, such as faciliic analysis, an innovative strategy for efficiently structuring interviews while sensitively engaging clients. Flexibility and a focused emphasis upon creatively tailoring the assessment to the unique needs of each client are emphasized throughout the workshop. Of value to both new and experienced therapists, this workshop is especially designed for "front-line" clinicians, who are under the tight time constraints and pressures seen in the clinical environments of today.

Dr. Shea's dynamic presentation will demonstrate practical organizing strategies for each distinct quarter of the sixty-minute interview. These strategies allow the clinician to accurately and sensitively gather critical information including a history of the present illness, past psychiatric history, social history, a history of physical and sexual abuse, a drug and alcohol history, suicide and homicide assessment, family history, medical history and mental status. The structuring principles necessary to obtain immediately useful information for treatment intervention will be described in detail.

The workshop relies heavily upon videotape demonstration as opposed to vague descriptions. Participants will observe and discuss a videotaped full diagnostic assessment from front-to-back conducted by Dr. Shea. They will subsequently review and discuss the actual clinical write-up created from this interview, exploring in detail a variety of sound clinical and forensic tips.

Objectives

- 1) Understand and utilize faciliic analysis, including the recognition and use of faciliic supervision schematics.
- 2) Apply flexible structuring strategies for the four different quarters of the sixty minute interview.

- 3) Be able to describe the structuring principles necessary to gather the following information in sixty minutes: history of the present illness and differential diagnosis by DSM-IV-TR, past psychiatric history, social history, history of physical and sexual abuse, drug and alcohol history, suicide and homicide assessment, family history, medical history, the mental status.
- 4) Understand the strategies and techniques for writing a sound clinical document.

Sample Schedule

Registration:	8:30 to 9:00
Workshop 1: "Sensitive Structuring: Tasks, Obstacles, Strategies and Solutions"	9:00 to 10:30
Break:	10:030 to 10:45
Workshop 2: "Strategic Interviewing Demonstration I" (a videotape demonstration of the techniques and strategies delineated in Workshop I)	10:45 to 12:15
Lunch:	12:15 to 1:15
Workshop 3: "Strategic Interviewing Demonstration II" (a continuation of the videotape demonstration and discussion)	1:15 to 2:45
Break:	2:45 to 3:00
Workshop 4: "The Art of Creating A Sound Initial Assessment Document"	3:00 to 4:30

The Speaker

Shawn Christopher Shea, M.D. is an internationally acclaimed workshop leader and educational innovator in the fields of suicide prevention, resiliency, clinical interviewing, and improving medication adherence having given over 850 presentations worldwide. He has been a recipient of an Outstanding Course Award presented by the American Psychiatric Association for his presentations at their annual meetings. He is a frequent presenter at the annual meeting of the American Association of Suicidology and at the Cape Cod Symposium where his course has received the highest evaluation of the thirty courses featured over the summer. He has also presented at the Santa Fe

Symposium, the Door County Summer Institute, and the Muskoka Summer Seminar Series from McMaster University.

Dr. Shea is the author of six books and numerous articles including one of the classic texts in the field of suicide prevention, *The Practical Art of Suicide Assessment*. His works have been translated into a variety of languages as diverse as French, Greek, Japanese, and Chinese. Both editions of his book, *Psychiatric Interviewing: the Art of Understanding*, have been chosen by the Medical Library Association for the Brandon/Hill List as one of the 16 most important books in the field of psychiatry.

His book on creating resiliency in difficult times - *Happiness Is* - was chosen as a Brodart Library Gem, a Bowker's title to Watch, and as the Philosophy Book of the Month by the Radical Academy. Former Surgeon General C, Everett Koop, M.D., Sc.D. provided the foreword to Dr. Shea's latest book, *Improving Medication Adherence: How to Talk with Patients About Their Medications* which, in 2009, was chosen for Doody's Core Titles list of the most important books in the fields of medicine and nursing.

Dr. Shea is the Director of the Training Institute for Suicide Assessment and Clinical Interviewing (www.suicideassessment.com), a training and consultation service providing workshops, consultations, and quality assurance design in mental health assessments. Dr. Shea is also in private practice.